



## Physical Education and School Sports

### 1) Vision

Physical education, sport and healthy living are integral to the core values of our school. At Great Denham we believe that we can aid the physical, social, emotional and intellectual development of all of our children through PE and sport. All children will be given the knowledge and skills to enjoy an active lifestyle whilst understanding the benefits this can have on their own health and well-being.

Great Denham's PE curriculum aspires to allow children to have the chance to participate in a broad range of sporting activities. These are to be carried out in our safe, inclusive environment. The emphasis on our school values, values that are drawn from the Olympic values of our foundation year, and the soft skills that are vital to our ethos, will help us to create an atmosphere where effort and achievement walk hand in hand with sporting success.

During their time at Great Denham, children will be able to take part in games, gymnastics, dance, swimming and athletics during PE. They will have opportunities to take part in a myriad of after school sporting activities and will be encouraged to partake in an array of adventurous activities.

### 2) Aims and objectives

Physical education at Great Denham will give all of our children an understanding of the importance of regular physical activity on their daily lives. We will aim to instill a love of different sporting activities and will actively seek out as many different physical opportunities as possible for all of our children to experience. This will be in addition to swimming, gymnastics, games, and dance provided through a minimum of 2 hours a week of high class PE each week.



The aims of PE at Great Denham are:

- to cultivate the enjoyment of physical activity through our whole curriculum
- to give all children the opportunity to acquire and discover a range of physical skills with increasing control, co-ordination and confidence.
- to encourage children to use their soft skills in situations outside the classroom
- to give children the chance to progress their own skills in different activities
- to allow children to feel and understand what happens to their bodies during exercise
- to help children to learn new skills and then improve them, showing control in their own performance and an understanding of any rules or conventions applied to games
- to show the importance of a healthy lifestyle
- to demonstrate the qualities of a good sportsperson

### 3) Teaching and Learning Style

The whole school curriculum at Great Denham has been designed to allow achievement for all through working on key skills. This is reflected in PE too, where children will be taught various skills that are relevant to their own health and well being. We also aim to give children the opportunity to excel in sports at Great Denham and beyond. Children will be encouraged to evaluate their performances and those of their peers during lessons. The whole school use of fluid groupings will help children collaborate with those of all abilities and to develop both P.E. skills and the life skills that the school recognizes as being vitally important. Competition is also important, spurring children on to achieve even higher goals. Children will be given opportunities to compete both intra school via Sports Days and competitions and inter school through activities such as School Sport Partnership ran events.

We know that throughout our school there are children whose physical ability differs from others. Our aim is to provide all children who come to our school with opportunities to succeed in every aspect of the curriculum. In order to achieve this we aim to:

- Make PE fun for all;
- To work on key skills that can be used in many circumstances;
- Use peer support and mentoring;
- Provide a range of resources and equipment that can be accessed by all;
- Make tasks goal orientated whilst ensuring that goals are achievable and relevant to individual learners

Training opportunities are given to all members of the school in order to help all staff have an increased confidence in teaching PE to a high standard. Training is also an opportunity to expose children to many different sports and physical activities.

Children have different needs according to their fine and gross motor skills. Our approach to this is to make sure that all children have opportunities to develop these throughout the school. Those who need to will benefit from additional assistance.

As a school we use the 2014 National Curriculum to plan our lessons. Blocks of intended learning outcomes are published on our website each term.

In the school year 2014-2015 it is intended that the role of the PE coordinator is enhanced through the completion of a Level 6 AfPE award in Primary PE Leadership.

